

Hi everyone,

Since my last address, things have changed significantly for northern Manitoba. Due to a number of new outbreaks in southern Manitoba along with a case in the north earlier that was travel related, the provincial government has made the decision to reinstitute travel restrictions along the 53rd parallel.

I'm sure this news has produced mixed reactions among many of you. On one hand, we've seen restrictions tighten then loosen, and now after several months we're beginning to see things tighten up again. This can certainly be trying for some but it's important to keep in mind that these restrictions are in place for our regions public health and safety.

The provincial government has made some exemptions that allow certain groups of people to cross between the 53rd parallel without having to self-isolate. For full detail on what this means for our region please visit the provincial website at: <https://www.gov.mb.ca/covid19/updates/index.html>. Also, be very wary of the information you see on social media. If you see something on Facebook that seems questionable, be sure to confirm that news with a credible source before considering it as fact.

Travel restrictions aside, it is the personal fundamentals that our Chief Public Health Officer Dr. Roussin, keeps reinforcing that will get us all through this. I know these fundamentals are tiring at times but it's these guidelines that have kept our community relatively safe from this virus. As a member of this community it is your obligation to follow these guidelines to help keep yourself, your friends, and your family safe.

Until next week, stay safe, stay strong & stay healthy Flin Flon.