


Flin Flon Aqua Centre JANUARY 2020 Public Schedule

204-681-7540

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p>	<p>2</p>	<p>3</p>
				<p>7:00-9:00am Public/LAP 10:30-11:30am Aqua HIIT 11:30-1:00pm Lap Swim 1:00-3:00pm FUN Swim 5:00-6:30pm Lap Swim 6:30-8:30pm Fun Swim 8:30-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 5:00-6:30pm Lap Swim 6:30-8:00pm Nickel Night 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>SWIM REGISTRATION 9:00AM 12:00-1:00pm Lap Swim 1:00-3:00pm FUN Swim 3:00-4:00pm Open for Rent 4:00-5:00pm Open for Rent 5:00-6:00pm Lap Swim 6:00-7:30pm Family 9am-7:30pm Weightroom</p>
<p>5</p>	<p>6</p>	<p>7</p>	<p>8</p>	<p>9</p>	<p>10</p>	<p>11</p>
<p>12:00-1:00pm Lap Swim 1:00-3:00pm FUN Swim 3:00-4:00pm Open for Rent 4:00-5:00pm Doves 5:00-6:00pm Lap Swim 6:00-7:30pm Public 12pm-7:30pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30 DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 4:30-6:30pm Aqua Jets 6:30-8:00pm Lap/Public Swim 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-9:00am Public/LAP 9 - 10 School Program 10:30-11:30am Aqua HIIT 11:30-1:00pm Lap Swim 4:15-6:30pm Swim Lessons 6:30-8:30pm Doves 8:30-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30 DeepAqua/Splash 10:30-12:00pm Public Swim 12:00-1:00pm Lap Swim 1:30-2:30 School Swimming 4:30-6:30pm Aqua Jets 6:30-8:00pm Staff Training 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-9:00am Public/LAP 9 - 10 School Program 10:30-11:30am Aqua HIIT 11:30-1:00pm Lap Swim 4:15-6:30pm Swim Lessons 6:30-8:30pm Doves 8:30-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 4:30-6:30pm Aqua Jets 6:30-8:00pm Nickel Night 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>9:00-12:00 Swim Lessons 12:00-1:00pm Lap Swim 1:00-3:00pm FUN Swim 3:00-4:00pm Open for Rent 4:00-5:00pm Open for Rent 5:00-6:00pm Lap Swim 6:00-7:30pm Family 9am-7:30pm Weightroom</p>
<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>	<p>18</p>
<p>12:00-1:00pm Lap Swim 1:00-3:00pm FUN Swim 3:00-4:00pm Open for Rent 4:00-5:00pm Doves 5:00-6:00pm Lap Swim 6:00-7:30pm Public 12pm-7:30pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30 DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 4:30-6:30pm Aqua Jets 6:30-8:00pm Lap/Public Swim 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-9:00am Public/LAP 9 - 10 School Program 10:30-11:30am Aqua HIIT 11:30-1:00pm Lap Swim 4:15-6:30pm Swim Lessons 6:30-8:30pm Doves 8:30-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30 DeepAqua/Splash 10:30-12:00pm Public Swim 12:00-1:00pm Lap Swim 1:30-2:30 School Swimming 4:30-6:30pm Aqua Jets 6:30-8:00pm Fun Swim 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-9:00am Public/LAP 9 - 10 School Program 10:30-11:30am Aqua HIIT 11:30-1:00pm Lap Swim 4:15-6:30pm Swim Lessons 6:30-8:30pm Doves 8:30-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 4:30-6:30pm Aqua Jets 6:30-8:00pm Nickel Night 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>9:00-12:00 Swim Lessons 12:00-1:00pm Lap Swim 1:00-3:00pm FUN Swim 3:00-4:00pm Open for Rent 4:00-5:00pm Open for Rent 5:00-6:00pm Lap Swim 6:00-7:30pm Family 9am-7:30pm Weightroom</p>
<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>12:00-1:00pm Lap Swim 1:00-3:00pm FUN Swim 3:00-4:00pm Open for Rent 4:00-5:00pm Doves 5:00-6:00pm Lap Swim 6:00-7:30pm Public 12pm-7:30pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30 DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 4:30-6:30pm Aqua Jets 6:30-8:00pm Lap/Public Swim 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-9:00am Public/LAP 9 - 10 School Program 10:30-11:30am Aqua HIIT 11:30-1:00pm Lap Swim 4:15-6:30pm Swim Lessons 6:30-8:30pm Doves 8:30-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30 DeepAqua/Splash 10:30-12:00pm Public Swim 12:00-1:00pm Lap Swim 1:30-2:30 School Swimming 4:30-6:30pm Aqua Jets 6:30-8:00pm Staff Training 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-9:00am Public/LAP 9 - 10 School Program 10:30-11:30am Aqua HIIT 11:30-1:00pm Lap Swim 4:15-6:30pm Swim Lessons 6:30-8:30pm Doves 8:30-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 4:30-6:30pm Aqua Jets 6:30-8:00pm Nickel Night 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>POOL CLOSED FOR SWIM MEET 9am-7:30pm Weightroom</p>
<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>	
<p>12:00-1:00pm Lap Swim 1:00-3:00pm FREE Swim 3:00-4:00pm Open for Rent 4:00-5:00pm Doves 5:00-6:00pm Lap Swim 6:00-7:30pm Public 12pm-7:30pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30 DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 4:30-6:30pm Aqua Jets 6:30-8:00pm Lap/Public Swim 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-9:00am Public/LAP 9 - 10 School Program 10:30-11:30am Aqua HIIT 11:30-1:00pm Lap Swim 4:15-6:30pm Swim Lessons 6:30-8:30pm Doves 8:30-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30 DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 4:30-6:30pm Aqua Jets 6:30-8:00pm Fun Swim 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-9:00am Public/LAP 9 - 10 School Program 10:30-11:30am Aqua HIIT 11:30-1:00pm Lap Swim 4:15-6:30pm Swim Lessons 6:30-8:30pm Doves 8:30-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	<p>7:00-8:30am Public/LAP 8:30-9:30am Aquafit 9:45-10:30DeepAqua/Splash 10:30-11:30am Public Swim 11:30-1:00pm Lap Swim 4:30-6:30pm Aqua Jets 6:30-8:00pm Nickel Night 8:00-9:00pm Aquafit 9:00-10:00pm Adult Swim 7:00am-10pm Weightroom</p>	

*Weekly schedules can also be viewed by visiting www.cityofflinflon.ca

SEE REVERSE SIDE FOR ADMISSIONS AND PASS INFORMATION

POOL & WEIGHTROOM PASSES - Resident					
Passes	Daily	10-Punch	Monthly	Quarterly	Season
Child (5-12)	\$4.00	\$35.00	\$45.00	\$85.00	\$185.00
Student (13-17)	\$6.00	\$50.00	\$55.00	\$110.00	\$215.00
Adult	\$7.00	\$60.00	\$85.00	\$170.00	\$340.00
Senior 60+	\$6.00	\$50.00	\$55.00	\$110.00	\$215.00
Family	\$15.00	\$125.00	\$140.00	\$275.00	\$550.00
Weightroom	\$7.00	\$55.00	\$70.00	\$140.00	\$275.00
Fun (all)	\$3.00				
Aquafit	\$7.00				
POOL & WEIGHTROOM PASSES - Non Resident					
Passes	Daily	10-Punch	Monthly	Quarterly	Season
Child(5-12)	\$5.50	\$50.00	\$65.00	\$120.00	\$265.00
Student(13-17)	\$9.00	\$70.00	\$78.00	\$155.00	\$305.00
Adult	\$10.00	\$85.00	\$120.00	\$240.00	\$480.00
Senior 60+	\$9.00	\$70.00	\$78.00	\$155.00	\$305.00
Family	\$20.00	\$175.00	\$200.00	\$390.00	\$780.00
Weightroom	\$10.00	\$78.00	\$100.00	\$200.00	\$285.00
Aquafit	\$10.00				

**ALL CHILDREN UNDER THE AGE (7) SEVEN, MUST BE ACCOMPANIED IN THE WATER BY AN ADULT AT ALL TIMES
1 ADULT TO EVERY 4 CHILDREN**

**Private Party Rentals are available on Saturdays & Sundays.
Call 204-681-7540 for more information**

**Ages: 0-4 FREE
Ages: 5-12 CHILD
Ages: 13-17 STUDENT
Ages: 18 - 59 ADULT
Ages: 60+ SENIOR
Ages: 16+ WEIGHTROOM
Residing Together FAMILY**