Flin Flon Aqua Centre JANUARY 2020 Public Schedule 204-681-7540

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Sunday	Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	Saturday 4
0 ~	0 0	0	0.0	7:00-9:00am Public/LAP	7:00-8:30am Public/LAP	SWIM
	0 0 0 0	0000		7.00 0.000 45	8:30-9:30am Aquafit	REGISTRATION
	0		cce de la companya de	10:20 11:20am Agua HIIT	•	9:00AM
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0			0,	11:30-1:00pm Lap Swim	10:30-11:30am Public Swim	
° N				1:00-3:00pm FUN Swim	11:30-1:00pm Lap Swim	12:00-1:00pm Lap Swim
			(% * 24)			1:00-3:00pm FUN Swim
					5:00-6:30pm Lap Swim	3:00-4:00pm Open for Rent
			60	5:00-6:30pm Lap Swim	6:30-8:00pm Nickel Night	4:00-5:00pm Open for Rent
				6:30-8:30pm Fun Swim	8:00-9:00pm Aquafit	5:00-6:00pm Lap Swim
00	0 0		Hapny New Year	8:30-10:00pm Adult Swim	9:00-10:00pm Adult Swim	6:00-7:30pm Family
0	0		PP/11/CIV 2	7:00am-10pm Weightroom	7:00am-10pm Weightroom	9am-7:30pm Weightroom
5	6	7	8	9	10	11
	7:00-8:30am Public/LAP	7:00-9:00am Public/LAP	7:00-8:30am Public/LAP	7:00-9:00am Public/LAP	7:00-8:30am Public/LAP	
	8:30-9:30am Aquafit	9 - 10 School Program	8:30-9:30am Aquafit	9 - 10 School Program	8:30-9:30am Aquafit	9:00-12:00 Swim Lessons
12:00-1:00pm Lap Swim	9:45-10:30 DeepAqua/Splash	10:30-11:30am Aqua HIIT	9:45-10:30 DeepAqua/Splash	10:30-11:30am Aqua HIIT	9:45-10:30DeepAqua/Splash	
1:00-3:00pm FUN Swim	10:30-11:30am Public Swim	11:30-1:00pm Lap Swim	10:30-12:00pm Public Swim	11:30-1:00pm Lap Swim	10:30-11:30am Public Swim	12:00-1:00pm Lap Swim
3:00-4:00pm Open for Rent	11:30-1:00pm Lap Swim		12:00-1:00pm Lap Swim		11:30-1:00pm Lap Swim	1:00-3:00pm FUN Swim
4:00-5:00pm Doves			1:30-2:30 School Swimming			3:00-4:00pm Open for Rent
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6:00-7:30pm Public	6:30-8:00pm Lap/Public Swim		6:30-8:00pm Staff Training	4:15-6:30pm Swim Lessons	6:30-8:00pm Nickel Night	5:00-6:00pm Lap Swim
	8:00-9:00pm Aquafit	6:30-8:30pm Doves	8:00-9:00pm Aquafit	6:30-8:30pm Doves	8:00-9:00pm Aquafit	6:00-7:30pm Family
	9:00-10:00pm Adult Swim	8:30-10:00pm Adult Swim	9:00-10:00pm Adult Swim	8:30-10:00pm Adult Swim	9:00-10:00pm Adult Swim	
12pm-7:30pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	9am-7:30pm Weightroom
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	7:00-8:30am Public/LAP	7:00-9:00am Public/LAP	7:00-8:30am Public/LAP	7:00-9:00am Public/LAP	7:00-8:30am Public/LAP	
	8:30-9:30am Aquafit	9 - 10 School Program	8:30-9:30am Aquafit	9 - 10 School Program	8:30-9:30am Aquafit	9:00-12:00 Swim Lessons
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3:00-4:00pm Open for Rent	11:30-1:00pm Lap Swim		12:00-1:00pm Lap Swim		11:30-1:00pm Lap Swim	1:00-3:00pm FUN Swim
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5:00-6:00pm Lap Swim						4:00-5:00pm Open for Rent
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	6:30-8:00pm Lap/Public Swim	4:15-6:30pm Swim Lessons	6:30-8:00pm Fun Swim	4:15-6:30pm Swim Lessons	6:30-8:00pm Nickel Night	6:00-7:30pm Family
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13	7:00-8:30am Public/LAP	7:00-9:00am Public/LAP	7:00-8:30am Public/LAP	7:00-9:00am Public/LAP	7:00-8:30am Public/LAP	23
	8:30-9:30am Aquafit	9 - 10 School Program	8:30-9:30am Aquafit	9 - 10 School Program	8:30-9:30am Aquafit	
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4:00-5:00pm Doves			1:30-2:30 School Swimming			SWIM
5:00-6:00pm Lap Swim						MEET
6:00-7:30pm Public	4:30-6:30pm Aqua Jets		4:30-6:30pm Aqua Jets		4:30-6:30pm Aqua Jets	
	6:30-8:00pm Lap/Public Swim	4:15-6:30pm Swim Lessons	6:30-8:00pm Staff Training	4:15-6:30pm Swim Lessons	6:30-8:00pm Nickel Night	
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	9:00-10:00pm Adult Swim	8:30-10:00pm Adult Swim	9:00-10:00pm Adult Swim	8:30-10:00pm Adult Swim	9:00-10:00pm Adult Swim	
12pm-7:30pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	9am-7:30pm Weightroom
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	7:00-8:30am Public/LAP	7:00-9:00am Public/LAP	7:00-8:30am Public/LAP	7:00-9:00am Public/LAP	7:00-8:30am Public/LAP	
	8:30-9:30am Aquafit	9 - 10 School Program	8:30-9:30am Aquafit	9 - 10 School Program	8:30-9:30am Aquafit	
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4:00-5:00pm Doves						
5:00-6:00pm Lap Swim	4:30-6:30pm Aqua Jets		4:30-6:30pm Aqua Jets		4:30-6:30pm Aqua Jets	
6:00-7:30pm Public	6:30-8:00pm Lap/Public Swim	4:15-6:30pm Swim Lessons	6:30-8:00pm Fun Swim	4:15-6:30pm Swim Lessons	6:30-8:00pm Nickel Night	
	8:00-9:00pm Aquafit	6:30-8:30pm Doves	8:00-9:00pm Aquafit	6:30-8:30pm Doves	8:00-9:00pm Aquafit	
	9:00-10:00pm Adult Swim	8:30-10:00pm Adult Swim	9:00-10:00pm Adult Swim	8:30-10:00pm Adult Swim	9:00-10:00pm Adult Swim	
12pm-7:30pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	7:00am-10pm Weightroom	
				siting www.citvoff		

*Weekly schedules can also be viewed by visiting www.cityofflinflon.ca

SEE REVERSE SIDE FOR ADMISSIONS AND PASS INFORMATION

POOL & WEIGHTROOM PASSES - Resident							
Passes	Daily	10-Punch	Monthly	Quarterly	Season		
Child (5-12)	\$4.00	\$35.00	\$45.00	\$85.00	\$185.00		
Student (13-17)	\$6.00	\$50.00	\$55.00	\$110.00	\$215.00		
Adult	\$7.00	\$60.00	\$85.00	\$170.00	\$340.00		
Senior 60+	\$6.00	\$50.00	\$55.00	\$110.00	\$215.00		
Family	\$15.00	\$125.00	\$140.00	\$275.00	\$550.00		
Weightroom	\$7.00	\$55.00	\$70.00	\$140.00	\$275.00		
Fun (all)			\$3.00				
Aquafit		\$7.00					
POOL & WEIGHTROOM PASSES - Non Resident							
Passes	Daily	10-Punch	Monthly	Quarterly	Season		
Child(5-12)	\$5.50	\$50.00	\$65.00	\$120.00	\$265.00		
Student(13-17)	\$9.00	\$70.00	\$78.00	\$155.00	\$305.00		
Adult	\$10.00	\$85.00	\$120.00	\$240.00	\$480.00		
Senior 60+	\$9.00	\$70.00	\$78.00	\$155.00	\$305.00		
Family	\$20.00	\$175.00	\$200.00	\$390.00	\$780.00		
Weightroom	\$10.00	\$78.00	\$100.00	\$200.00	\$285.00		
Aquafit		\$10.00					

ALL CHILDREN UNDER THE AGE (7)		Ages: 0-4 FREE
SEVEN, MUST BE ACCOMPANIED		Ages: 5-12 CHILD
IN THE WATER BY AN ADULT	Private Party Rentals are available on Saturdays & Sundays.	Ages: 13-17 STUDENT
AT ALL TIMES	Call 204-681-7540 for more information	Ages: 18 - 59 ADULT
1 ADULT TO EVERY 4 CHILDREN		Ages: 60+ SENIOR
		Ages: 16+ WEIGHTROOM
		Residing Together FAMILY