Hi everyone,

I hope you're all doing well. I know recently many of you may have had a bit of a scare earlier this week when a COVID-19 case was announced in our region. I wanted to start off by reassuring all of you that this case is 100% under control. The individual who has this case (whom I will not clarify for privacy concerns) is currently experiencing no major symptoms and is in social isolation. The Northern Health Region has also preformed extensive contact tracing ensuring that everyone who has been in contact with this individual is also self-isolating.

During this contact tracing period, there was a temporary halt on visitations to the Northern Lights Manor as public health officials wanted to be absolutely positive that there was no risk to residents or staff. Now that contract tracing is finally complete, I am pleased to announce that the manor is now open to visitation once again! Great news for anyone with a loved one in their care.

With a new case in the community brings a new sense of severity for many of us. While this is certainly not the time to be letting your guard down, it also is no time to panic or engage in questionable debates on social media. Please understand that we are still living in a very good situation here in Flin Flon, but things can certainly change drastically and quickly if we become too complacent in letting our guard down when it comes to COVID-19. Until such a time comes when we have a vaccine or the global case numbers approach zero let's keep practicing social distancing, washing our hands regularly, and arguably most importantly, keep being kind to one another as this is certainly challenging times for everyone and it can be difficult to put yourself in someone else's shoes.

Until next time stay safe, stay strong and stay healthy Flin Flon.